

**Claims:**

1. A method for preparing a cosmetic or topical dermatological product comprising an oil-in-water emulsion containing at least 60% by weight of water, the method comprising the step  
5 of mixing at least one cosmetically or dermatologically active ingredient with an aqueous emulsion of washed vegetable oil bodies (oleosomes), wherein the temperature of said ingredients and said emulsion does never exceed about 40 °C.
2. The method of claim 1, wherein the product is a cosmetic product is selected from the group  
10 consisting of moisturizers, ointments, cleansers, makeup removers, toners, night treatments, skin reparatives, sunscreens, skin lighteners, color foundations, eye shadows and tanners.
3. The method of claim 1 or 2, wherein the product is a lotion.
- 15 4. The method of claim 1 or 2, wherein the product is a cream.
5. The method of any of claims 1 to 4, wherein the vegetable oil bodies (oleosomes) are selected from the group consisting of oil bodies obtained from rapeseed, soybean, sunflower, oil palm, cottonseed, peanut, walnut, coconut, castor, safflower, mustard,  
20 coriander, squash, linseed, brazil nut, jojoba, avocado and maize.
6. The method of claim 5, wherein the vegetable oil bodies (oleosomes) are obtained from safflower.
- 25 7. The method of any of claims 1 to 6, wherein no additional emulsifier is used.
8. The method of any of claims 1 to 7, wherein the vegetable oil bodies (oleosomes) are used in an amount of from 2 wt.% to 15 wt.% of a 70–75 wt.% aqueous emulsion, based on the total weight of the cosmetic or topical dermatological product.